



Child's Name: \_\_\_\_\_

Today's date: \_\_\_\_\_

Form completed by: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

### **SENSORY PROCESSING SCREENING CHECKLIST**

This checklist was designed to be a quick screening tool for sensory processing deficits. Please indicate if your child always responds or greater than 50% of the time responds. If several items are checked throughout many categories or most items are checked in one category, sensory processing deficits may be present.

#### **Tactile Processing (sense of touch)**

- bothered by clothing tags/textures
- refuses to wear shoes/socks
- avoids messy play (glue, paint)
- refuses to play in sand at beach
- hates haircuts, nail trim, tooth brush
- reacts neg. to touch/pulls away
- unaware of pain or temp.
- prefers to touch vs be touched
- withdraws from splashing water
- revs up after bath
- rubs/scratches where touched
- mouths clothing/objects
- overly fidgets/tugs at clothing
- does not like hands dirty

#### **Auditory Processing (hearing)**

- covers ears at loud noises
- upset with vacuum, hairdryer, toilet
- difficulty following directions
- appears to ignore name called
- unaware speaks too loudly
- distracted by background noises
- notices noises usually tuned out
- difficulty eating in noisy places
- slow to respond to verbal cues
- escapes from noisy places

#### **Visual Processing (vision)**

- poor eye contact
- likes to stare at shiny/spinning things
- prefers dark/ avoids bright sunlight
- turns whole body to look at you
- squints/covers eyes in sunlight
- covers/closes one eye when writing
- prefers fast paced tv shows
- misinterprets facial expressions
- illegible writing
- difficulty copying from the board

#### **ADL/Play skills**

- difficulty completing grooming or dressing in reasonable time/skill
- difficulty using eating utensils
- unable to manage clothing fasteners

- difficulty following or copying gestures
- does not prefer or play with age appropriate toys

#### **Proprioception (position sense)**

- overly rough in play
- seems to enjoy crashing
- jumps from unsafe hts./jumps a lot
- holds pencil too hard
- appears clumsy/ poor coordination
- moves stiffly
- slouches at desk or table
- fatigues quickly
- prefers sedentary play
- bumps into others/pushes others
- uses too much force to throw or kick

#### **Vestibular (movement sense)**

- on the go/trouble sitting still at table
- twirls self during the day; fidgets
- does not appear to get dizzy
- afraid of heights
- seeks out swinging or climbing more than typical
- poor safety awareness/ use of caution
- avoids movement on playground
- fearful with head tipped back during bath or diaper change
- afraid of elevators or escalators
- leans on others for support when sitting or standing
- moves slowly on uneven surfaces
- loses balance easily
- becomes overly excited w/movement

#### **Oral Processing (taste)**

- picky eater (refuses food due to temp or texture)
- gags at/on foods or utensils
- hates tooth brushing
- bites/chews on nonfood items
- avoids foods that require lots of chew
- craves certain foods/textures

#### **Olfactory (sense of smell)**

- smells everything
- bothered by smells other do not notice
- refuses food based on smell

#### **Behavior**

- difficulty with transitions/ changes in routine
- poor frustration tolerance
- impulsive; poor self control
- overly emotional or sensitive
- frequent tantrums/meltdowns
- unable to calm self after tantrum
- difficulty sleeping thru the night
- difficulty getting started with tasks

#### **Social Skills**

- difficulty making or maintaining friendships
- unable to interpret social cues
- does not understand age appropriate jokes
- unable to sympathize with others
- easily upset by criticism
- tries to control others/bossy
- does not share easily/take turns
- does not respect personal space of others